

Year: 7 Subject: Core PE (BOYS)

	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6 ICA	Wk7 ICA	Wk8 ICA		
Half Term 1 1 st Sept – 24 th October) 8 weeks	BASELINE			RUGBY				FITNESS	October Half Term Holiday	
	BASELINE			RUGBY				GYMNASTICS		
	BASELINE			RUGBY				ORIENTEER		
Half Term 2 (3 rd November – 19 th December) 7 weeks	Wk9	Wk10 LC1	Wk11	Wk12 PE	Wk13	Wk14	Wk15	HOUSE	Christmas Holiday	
	FITNESS			FOOTBALL						
	GYMNASTICS			FOOTBALL						
	ORIENTEERING			FOOTBALL						
Half Term 3 (5 th January – 13 th February) 6 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	Wk21	February Half Term Holiday			
	FOOTBALL	GYMNASTICS				HANDBALL				
	FOOTBALL	ORIENTEERING				HANDBALL				
	FOOTBALL	FITNESS				HANDBALL				
Half Term 4 (3 rd February – 27 th March) 5 weeks	Wk22 ICA	Wk23 ICA	Wk24 ICA	Wk25	Wk26	Easter Holiday			KEY ICA – Internal Class Assessment LC – Learning Cycle Week PE – Parents Evening	
	HANDBALL		ORIENTERRING							
	HANDBALL		FITNESS							
	HANDBALL		GYMNASTICS							
Half Term 5 (13 th April – 22 nd May) 6 weeks	Wk27 LC2	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term			
	ATHLETICS									
	ATHLETICS									
	ATHLETICS									
Half Term 6 (1 st June – 17 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday		
	TENNIS			STRIKING ANF FIELDING						
	STRIKING AND FIELDING			TENNIS						
	SHORT TENNIS			STIRKING AND FIELDING						

Year: 7

Subject: Core PE (GIRLS)

	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6 ICA	Wk7 ICA	Wk8 ICA	
Half Term 1 1 st Sept – 24 th October) 8 weeks	BASELINE			GYMNASTICS				NETBALL	October Half Term Holiday
	BASELINE			FITNESS				NETBAL	
	BASELINE			DANCE				PS OAA	
Half Term 2 (3 rd November – 19 th December) 7 weeks	Wk9	Wk10 LC1	Wk11	Wk12 PE	Wk13	Wk14	Wk15	Christmas Holiday	
	NETBALL			DANCE			HOUSE		
	NETBALL			GYMNASTICS					
PROBLEM SOLVING OAA			FITNESS						
Half Term 3 (5 th January – 13 th February) 6 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	Wk21	February Half Term Holiday		
	DANCE	FOOTBALL				FITNESS			
	GYMNASTICS	FOOTBALL				DANCE			
	FITNESS	HOCKEY				GYMNASTICS			
Half Term 4 (3 rd February – 27 th March) 5 weeks	Wk22 ICA	Wk23 ICA	Wk24 ICA	Wk25	Wk26	Easter Holiday	KEY ICA – Internal Class Assessment LC – Learning Cycle Week PE – Parents Evening		
	FITNESS		HOCKEY						
	DANCE		HOCKEY						
	GYMNASTICS		NETBALL						
Half Term 5 (13 th April – 22 nd May) 6 weeks	Wk27 LC2	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term		
	STRIKING AND FIELDING			TENNIS					
	TENNIS			STRIKING AND FIELDING					
	SHORT TENNIS			STRIKING AND FIELDING					
Half Term 6 (1 st June – 17 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday	
	ATHLETICS								
	ATHLETICS								
	ATHLETICS								

Year: 8

Subject: CORE PE (BOYS)

Half Term	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6 ICA	Wk7 ICA	Wk8 ICA		
Half Term 1 (1 st Sept – 24 th October) 8 weeks			RUGBY			CLIMBING			October Half Term Holiday	
			RUGBY			FITNESS				
			RUGBY			GYMNASTICS				
Half Term 2 (3 rd November – 19 th December) 7 weeks	Wk9	Wk10	Wk11 LC1	Wk12	Wk13	Wk14	Wk15	Christmas Holiday		
	CLIMBING		FOOTBALL			FITNESS				HOUSE
	FITNESS		FOOTBALL			GYMNASTICS				
	GYMNASTICS		FOOTBALL			CLIMBING				
Half Term 3 (5 th January – 13 th February) 6 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	Wk21	February Half Term Holiday			
	FITNESS			HANDBALL						
	GYMNASTICS			HANDBALL						
	CLIMBING			HANDBALL						
Half Term 4 (3 rd February – 27 th March) 5 weeks	Wk22 ICA	Wk23 ICA	Wk24 ICA	Wk25	Wk26	Easter Holiday			<u>KEY</u> ICA – Internal Class Assessment LC – Learning Cycle Week PE – Parents Evening	
	HANDBALL		GYMNASTICS							
	HANDBALL		CLIMBING							
	HANDBALL		FITNESS							
Half Term 5 (13 th April – 22 nd May) 6 weeks	Wk27 LC2	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term			
	ATHLETICS									
	ATHLETICS									
	ATHLETICS									
Half Term 6 (1 st June – 17 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36 PE	Wk37	Wk38	Wk39	Summer Holiday		
	STRIKING AND FIELDING			TENNIS						
	SHORT TENNIS (33) / TENNIS (34-35)			STRIKING AND FIELDING						
	STRIKING AND FIELDING			SHORT TENNIS						

Year: 8

Subject: CORE PE (GIRLS)

Half Term	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6 ICA	Wk7 ICA	Wk8 ICA		
Half Term 1 1 st Sept – 24 th October) 8 weeks	FITNESS					NETBALL			October Half Term Holiday	
	DANCE					NETBALL				
	GYMNASTICS					ORIENTEERING				
Half Term 2 (3 rd November – 19 th December) 7 weeks	Wk9	Wk10	Wk11 LC1	Wk12	Wk13	Wk14	Wk15	Christmas Holiday		
	NETBALL	GYMNASTICS				FOOTBALL	HOUSE			
	NETBALL	FITNESS				FOOTBALL				
	ORIENTEERING	DANCE				HOCKEY				
Half Term 3 (5 th January – 13 th February) 6 weeks	Wk16	Wk17	Wk18	Wk19	Wk20	Wk21		February Half Term Holiday		
	FOOTBALL			DANCE						
	FOOTBALL			GYMNASTICS						
	HOCKEY			FITNESS						
Half Term 4 (3 rd February – 27 th March) 5 weeks	Wk22 ICA	Wk23 ICA	Wk24 ICA	Wk25	Wk26	Easter Holiday			KEY ICA – Internal Class Assessment LC – Learning Cycle Week PE – Parents Evening	
	DANCE	HOCKEY								
	GYMNASTICS	HOCKEY								
	FITNESS	NETBALL								
Half Term 5 (13 th April – 22 nd May) 6 weeks	Wk27 LC2	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term			
	TENNIS			STRIKING AND FIELDING						
	STRIKING AND FIELDING			TENNIS						
	SHORT TENNIS			STRIKING AND FIELDING						
Half Term 6 (1 st June – 17 th July)	Wk33	Wk34	Wk35	Wk36 PE	Wk37	Wk38	Wk39	Summer Holiday		
	S+F	ATHLETICS								
	TENNIS	ATHLETICS								

Year: 9

Subject: CORE PE (BOYS)

	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6 ICA	Wk7 ICA	Wk8 ICA			
Half Term 1 1 st Sept – 24 th October) 8 weeks	RUGBY			TABLE TENNIS			October Half Term Holiday				
	RUGBY			FITNESS							
	RUGBY			GYMNASTICS							
	Wk9	Wk10	Wk11 LC1	Wk12	Wk13	Wk14 PE	Wk15	Christmas Holiday			
TT	FOOTBALL				FITNESS	HOUSE					
FITNESS	FOOTBALL				GYMNASTICS						
GYMNASTICS	HANDBALL				TT						
Wk16	Wk17 OP	Wk18	Wk19	Wk20	Wk21	February Half Term Holiday					
FITNESS			HANDBALL								
GYMNASTICS			HANDBALL								
TT			LEADERSHIP								
Wk22 ICA	Wk23 ICA	Wk24 ICA	Wk25	Wk26	Easter Holiday			<u>KEY</u> ICA – Internal Class Assessment LC – Learning Cycle Week PE – Parents Evening OP – Options Evening			
HANDBALL	GYMNASTICS										
HANDBALL	TABLE TENNIS										
LEADERSHIP	FITNESS										
Wk27 LC2	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term					
ATHLETICS											
ATHLETICS											
ATHLETICS											
Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday				
STRIKING AND FIELDING (KAYAKING OPT)			TENNIS								
SHORT TENNIS (33) TENNIS (34/35) (KAYAKING OPT)			STRIKING AND FIELDING								
STRIKING AND FIELDING (KAYAKING OPT)			SHORT TENNIS								

Year: 9

Subject: CORE PE (GIRLS)

	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6 ICA	Wk7 ICA	Wk8 ICA	
Half Term 1 1 st Sept – 24 th October) 8 weeks	FITNESS					NETBALL			October Half Term Holiday
	DANCE					NETBALL			
	GYMNASTICS					LEADERSHIP			
Half Term 2 (3 rd November – 19 th December) 7 weeks	Wk9	Wk10	Wk11 LC1	Wk12	Wk13	Wk14 PE	Wk15	Christmas Holiday	
	NETBALL	GYMNASTICS				FOOTBALL	HOUSE		
	NETBALL	FITNESS				FOOTBALL			
	LEADERSHIP	DANCE				HOCKEY			
Half Term 3 (5 th January – 13 th February) 6 weeks	Wk16	Wk17 OP	Wk18	Wk19	Wk20	Wk21		February Half Term Holiday	
	FOOTBALL		DANCE						
	FOOTBALL		GYMNASTICS						
	HOCKEY		FITNESS						
Half Term 4 (3 rd February – 27 th March) 5 weeks	Wk22 ICA	Wk23 ICA	Wk24 ICA	Wk25	Wk26	Easter Holiday	KEY ICA – Internal Class Assessment LC – Learning Cycle Week PE – Parents Evening OP – Options Evening		
	DANCE	HOCKEY							
	GYMNASTICS	HOCKEY							
	FITNESS	NETBALL							
Half Term 5 (13 th April – 22 nd May) 6 weeks	Wk27 LC2	Wk28	Wk29	Wk30	Wk31	Wk32	May Half Term		
	CLIMBING			STRIKING AND FIELDING (KAYAKING OPT)					
	STRIKING AND FIELDING			TENNIS (KAYAKING OPT)					
	TENNIS			STRIKING AND FIELDING (KAYAKING OPT)					
Half Term 6 (1 st June – 17 th July) 7 weeks	Wk33	Wk34	Wk35	Wk36	Wk37	Wk38	Wk39	Summer Holiday	
	S+F	ATHLETICS							
	TENNIS	ATHLETICS							
	S+F	ATHLETICS							