

# Y7 Life Skills 2019/2020

Health & Wellbeing

Life & Religion in the Wider World

Relationships

HT 1 (3rd September – 25th October 2019 - 8 weeks)

<u>Wk1</u> Intro to Life Skills	<u>Wk2</u> Friendship	<u>Wk3</u> Managing Change	<u>Wk4</u> Self-Esteem	<u>Wk5</u> Body Image & Media	<u>Wk6</u> Smoking Awareness	<u>Wk7</u> Fire Safety
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HOLIDAY

HT 2  
Wk9  
Alcohol Awareness & the Law

HT 2 (4th November – 20th December 2019 - 7 weeks)

<u>Wk10</u> Safety in the home	<u>Wk11</u> <b>LC1</b> E-Safety	<u>Wk12</u> Access to Health Service	<u>Wk13</u> Introduction to World Faiths	<u>Wk14</u> Festivals	<u>Wk15</u> Meaning of Christmas
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HOLIDAY

HT 3  
Wk16  
Origins of Islam  
Wk17  
Life of a Muslim in Britain

HT 3 (6th January – 14th February 2020 - 6 weeks)

<u>Wk18</u> Origins of Sikhism	<u>Wk19</u> Guru Granth Sahib	<u>Wk20</u> Careers – Start & Track	<u>Wk21</u> HOLIDAY
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HT 4 (24th February – 3rd April 2020 - 6 weeks)

<u>Wk22</u> <b>LC2</b> The Environment	<u>Wk23</u> Recycling	<u>Wk24</u> Diversity/Equality	<u>Wk25</u> World Conflict
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HT 4

<u>Wk27</u> PREVENT	HOLIDAY
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HT 5 (20th April – 22nd May 2020- 5 weeks)

<u>Wk28</u> Gangs	<u>Wk29</u> Bullying	<u>Wk30</u> Bereavement	<u>Wk31</u> Marriage	<u>Wk32</u> Work Shadowing prep.
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HT 6  
HOLIDAY  
Wk33  
Family

HT 6 (1st June – 17th July 2020 - 7 weeks)

<u>Wk34</u> Divorce	<u>Wk35</u> <b>LC3</b> Reproduction	<u>Wk36</u> Different Types of Relationships	<u>Wk37</u> Staying Safe in relationships	<u>Wk38</u> Money Management & the impact on others	<u>Wk39</u> Life Skills Overview
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## What does this year contribute towards?

Life Skills covers 3 topic areas in Y7, Y8, Y9 and 10. These are: Relationships; Health & Wellbeing; Life & Religion in the Wider World. Life Skills is not assessed, but contributes strongly to students' wider education.



# Y8 Life Skills 2019/2020

Health & Wellbeing

Life & Religion in the Wider World

Relationships

HT 1 (3rd September – 25th October 2019 - 8 weeks)

<u>Wk1</u> My Identity	<u>Wk2</u> Fundamental British Values	<u>Wk3</u> Community Cohesion	<u>Wk4</u> Refugees in Britain	<u>Wk5</u> Human Rights	<u>Wk6</u> <u>Wk7</u> <u>Wk8</u> Careers		
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HOLIDAY

HT 2  
Wk9  
Origins of Buddhism

HT 2 (4th November – 20th December 2019 - 7 weeks)

<u>Wk10</u> Buddhism – Life After Death	<u>Wk11</u> <b>LC1</b> Origins of Hinduism	<u>Wk12</u> Hinduism – Life After Death	<u>Wk13</u> Origins of Christianity	<u>Wk14</u> Christianity Teachings / Beliefs	<u>Wk15</u> Christmas
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HOLIDAY

HT 3  
Wk16  
Control & Consent  
Wk17  
Grooming

HT 3 (6th January – 14th February 2020 - 6 weeks)

<u>Wk18</u> Healthy Relationships	<u>Wk19</u> <b>LC2</b> Sexing & Pornography	<u>Wk20</u> Safe Sex & Contraception	<u>Wk21</u> Keeping Safe
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HOLIDAY

HT 4 (24th February – 3rd April 2020 - 6 weeks)  
Wk22  
Careers – Preparing for your Options  
Wk23  
Wk24  
Teen Pregnancy  
Wk25  
Wk26  
Juno Project

HT 4

Wk27  
Knife Crime

HOLIDAY

HT 5 (20th April – 22nd May 2020 - 5 weeks)

<u>Wk28</u> Healthy Diet	<u>Wk29</u> <u>Wk30</u> <u>Wk31</u> The Apprentice Project	<u>Wk32</u> Preparation for Work Shadowing
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HOLIDAY

HT 6  
Wk33  
Healthy Lifestyles

HT 6 (1st June – 17th July 2020 - 7 weeks)

<u>Wk34</u> Drug/Alcohol abuse	<u>Wk35</u> <b>LC3</b> Addiction	<u>Wk36</u> Exercise & Sleep	<u>Wk37</u> Coping with Change	<u>Wk38</u> Growth Mind-set	<u>Wk39</u> Finance – Money Management
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# Y9 Life Skills 2019/2020

Health & Wellbeing

Life & Religion in the Wider World

Relationships

HT 1 (3rd September – 25th October 2019 - 8 weeks)

<u>Wk1</u> Assertive Behaviour	<u>Wk2</u> Healthy Relationship Choices	<u>Wk3</u> Recognising Signs of Abuse	<u>Wk4</u> Grooming	<u>Wk5</u> Keeping Safe	<u>Wk6</u> HBV/FGM	<u>Wk7</u> Forced Marriage	<u>Wk8</u> Impact of Pornography	HOLIDAY	<u>Wk9</u> Pregnancy
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HT 2

HT 2 (4th November – 20th December 2019 - 7 weeks)

<u>Wk10</u> Parenting	<u>Wk11</u> <b>LC1</b> LBGTQ	<u>Wk12</u> Gambling & Effects	<u>Wk13</u> Good & Evil		<u>Wk14</u>	<u>Wk15</u> Morality	HOLIDAY	<u>Wk16</u> Forgiveness	<u>Wk17</u>
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HT 3

HT 3 (6th January – 14th February 2020 - 6 weeks)

<u>Wk18</u> Judaism	<u>Wk19</u> Holocaust	<u>Wk20</u> Careers		<u>Wk21</u>	HOLIDAY
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HT 4 (24th February – 3rd April 2020 - 6 weeks)

<u>Wk22</u> Malala Yousafzai			<u>Wk23</u>	<u>Wk24</u>	<u>Wk25</u> Human Rights	<u>Wk26</u> Crime & Justice
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HT 4

HT 5 (20th April – 22nd May 2020 - 5 weeks)

HT 6

<u>Wk27</u> <b>LC2</b> Social Concern	HOLIDAY	<u>Wk28</u> Emergency First Aid	<u>Wk29</u> Anxiety, Stress & Depression	<u>Wk30</u>	<u>Wk31</u> Resilience	<u>Wk32</u> Bullying	HOLIDAY	<u>Wk33</u> Fad Diets
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HT 6 (1st June – 17th July 2020 - 7 weeks)

<u>Wk34</u> Eating Disorders	<u>Wk35</u> Contraception & Condom Demonstration		<u>Wk36</u>	<u>Wk37</u> STI's	<u>Wk38</u> <b>LC3</b> Cancer	<u>Wk39</u>
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# Y10 Life Skills 2019/2020

Health & Wellbeing

Life & Religion in the Wider World

Relationships

HT 1 (3rd September – 25th October 2019 - 8 weeks)

<u>Wk1</u> Mental Health & Substance Abuse	<u>Wk2</u> Alcohol	<u>Wk3</u> Contraception	<u>Wk4</u> STI's	<u>Wk5</u> HIV / AIDS	<u>Wk6</u> Cancer Screening	<u>Wk7</u> <b>LC1</b> Cancer Screening	<u>Wk8</u> Aesthetic Procedures	HOLIDAY	<u>Wk9</u> Sense of Self
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HT 2

HT 2 (4th November – 20th December 2019 - 7 weeks)

<u>Wk10</u> LGBTQ	<u>Wk11</u> Homophobia	<u>Wk12</u> Fertility	<u>Wk13</u> Abortion	<u>Wk14</u> Grooming & Harassment	<u>Wk15</u> CSE & CCE	HOLIDAY		<u>Wk16</u> Media & Sexualisation	<u>Wk17</u> <b>LC2</b> Domestic Abuse
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HT 3

HT 3 (6th January – 14th February 2020 - 6 weeks)

<u>Wk18</u> Murdered for Being Different	<u>Wk19</u>	<u>Wk20</u> Gangs – Knife Crime	<u>Wk21</u>	HOLIDAY
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HT 4 (24th February – 3rd April 2020 - 6 weeks)

<u>Wk22</u>	<u>Wk23</u>	<u>Wk24</u>	<u>Wk25</u>	<u>Wk26</u>
Careers				

HT 4

HT 5 (20th April – 22nd May 2020 - 5 weeks)

HT 6

<u>Wk27</u> <b>LC3</b> Careers	HOLIDAY		<u>Wk28</u> Exam Stress	<u>Wk29</u> Revision Techniques	<u>Wk30</u> Revision Techniques	<u>Wk31</u>	<u>Wk32</u> Finance	HOLIDAY	<u>Wk33</u> Consumer Rights
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HT 6 (1st June – 17th July 2020 - 7 weeks)

<u>Wk34</u> Consumer Rights	<u>Wk35</u> Anti-Social Behaviour	<u>Wk36</u> Refugees & Asylum Seekers	<u>Wk37</u> Extremism & Radicalisation	<u>Wk38</u> <b>LC4</b>	<u>Wk39</u> PREVENT
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